



Creating Connections Counseling Services

Take-Home Information

1. Medical information:

A. Current health concerns: _____

B. Date of last physical examination: _____ Performed by Dr. _____

Results/concerns discussed: _____

C. Current medications:

Name	Dosage	Start Date	Side Effects

D. Prescribing doctor: _____ Location: _____

E. Primary care physician: _____ Phone: _____

2. Substance abuse history:

Substance	Age at First Use	Last Time Used	Currently Using?	Longest Time Able to Remain Abstinent

A. Consequences of substance abuse (circle all that apply):

- | | | |
|------------|----------------------------|---|
| Anger | Sexual Problems | Suicidal or Homicidal Thoughts or Actions |
| Sadness | Conflicts in Relationships | Loss of Job or Financial Problems |
| Depression | Legal Problems | Blackouts or Withdrawal Symptoms |

Other: _____

3. Spiritual orientation and description of your faith journey: _____

4. Previous counseling, psychotherapy or psychiatric treatment. Please include: provider name(s), dates, locations, focus of treatment, results (completed goals/program, improved, dropped out, moved away, other). If it was helpful, how was it helpful? If it was a bad experience, what happened?

_____ Patient Name

_____ Signature

_____ Date